

# Curriculum Vitae

## ANDRI STANDER

### High Performance Manager & Performance Coach

Adriaan Johannes Stander  
ID8403075095081

I am an experienced **High Performance Manager**, currently working as a self-employed coaching consultant in the field of Performance Development.

My focus is helping people and teams **Develop and Execute Customised Performance Systems**.

My main aim is to help performers develop environments that simplify specific **behaviours** that **execute** their **vision** and **strategy**.



I am 37 years old and happily married with three kids.

My favourite place to be is outside, trail running, mountain biking or camping.

When indoors I usually spend my time reading or baking good homestyle bread. I love music and great films.



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Stellenbosch, WC, South Africa

English, Afrikaans (fully bilingual)

[The High Performance Life Podcast](#)

### Relevant High Performance and Programme Management Experience

#### WP RUGBY JOB FUNCTIONS

Jan 2020 - April 2020	<b>Stormers Player Welfare Consultant</b>
Player Personal Development and Welfare	
Player Performance Planning Support	
Oct 2012 - Dec 2019	<b>WP Rugby Institute Commercial Manager</b>
Academy and Programme Management	
Financial Management	
Individual Player Performance Management	
Talent ID, Recruitment & Contracting	
Operations, Administration and Secretarial	
Marketing Management	
Team-and-Player Management	

#### ACQUIRED SKILLS AND EXPERTISE

<b>General Business-&amp; Programme Management</b>
Managing & Leading teams of 50+ people (staff & players)
Managing General Operations, Events or Projects
Compile and Manage Budgets & Management Accounts
Internal & External Stakeholder Relationship Management
Modelling & Implementing Development Programmes
Performance Coaching for Mindset-, Life-and Careers
Presentations, Teaching, Meeting-& Workshop Chairing

### Qualifications and Courses

#### FORMAL DEGREES AND DIPLOMAS

2006	BCom (Economic & Management Sciences) - Stellenbosch University
2009	BCom (Hons) (Financial Management) - Unisa
2009	PGDiploma (Sport Management) - University of Cape Town

#### OTHER COURSES & CERTIFICATES

2020	Cognitive Behavioural Therapy Practitioner Certificate - Achology
2019	Level 1 Coaching - World Rugby (IRB Levels 1 & 2 in 2009/2010)
2013	Public Relations Management Short Course - Unisa
2009	TV Presenter Certificate - City Varsity
2009	INVESTEC Academy Elite Course
2008	IRANZ Advanced Coaches Course

### Other Work Experience

#### BETWEEN 2006 AND 2012

Jun 2010 - Sep 2012	<b>Enterprise Development Consultants - DTI Incentives Consultant (Business Finance)</b>
Jan 2010 - Sep 2012	<b>University of Cape Town - Guest Lecturer (School of Management)</b>
Mar 2009 - Aug 2010	<b>FNB Classic Clashes - Television Presenter (Schoolboy Rugby)</b>
Oct 2005 - Sep 2006	<b>Die Matie Student Newspaper - Sport Editor</b>
Mar 2006 - Present	<b>Rugby Coaching - Paul Roos Gimnasium, Huis Marais, University of Cape Town, Simonsberg</b>

#### REFERENCES

<b>Gert Smal</b> (Fmr WP Dir. of Rugby)	+27(0)72 673 8149 <a href="mailto:gert7seven@gmail.com">gert7seven@gmail.com</a>
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